

THE THREE DOCTORS' ***3-Ds***

- **Dedication:** the selfless devotion to serve yourself and your community with integrity.
- **Determination:** the firm resolution to make a change for the better with diamond sharp concentration and boundless energy.
- **Discipline:** the self-control to stick with it to reach your goals.



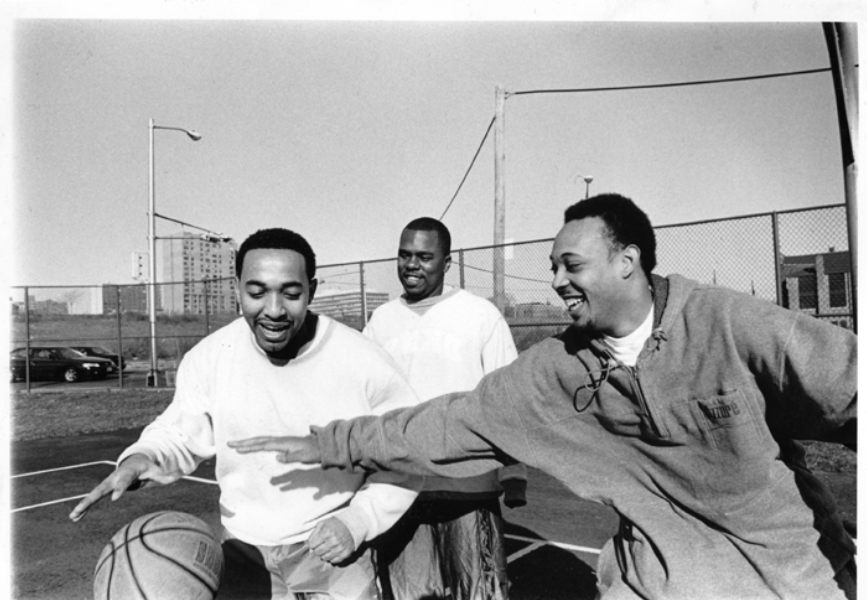
The Three Doctors' 3-Ds Message Points

FAITH

- Step out on faith, even if you don't know how you are going to do it, try.

FRIENDS and PEER PRESSURE

- Join trustworthy friends who have the same goal.
- Find strength in your differences. Friends don't have to be alike to be a part of a pact.
- Believe in yourself and your friends.
- Compete in healthy ways.
- Communicate openly, honestly, and frequently.



- Lean on your friends and allow them to lean on you. One of the main benefits of forming a pact with friends is that you have an automatic network of support.
- Resist the temptation of gangs, alcohol, drugs, teen pregnancy, and other obstacles that may derail you.

The Three Doctors' 3-Ds Message Points

EDUCATION

- Pursue higher education. Kids need to go to college. High school is not enough.
- Research and find the information required to navigate through your life experiences and make the right decisions



COMMUNITY

- Everyone has something good inside them that they can give. Regardless of privilege, everyone can give back.
- Give back to your community



The Three Doctors' 3-Ds Message Points

HEALTH and SELF-ESTEEM

- Keep healthy, in general. This message is for everyone. Watch your health and go see a doctor regularly and do not be afraid to ask questions. Patient education is vital to make sure you get the most out of your trip to the doctor. For example, write down questions for the doctor before you come, pay attention to basic medical problems so you can be an informed consumer.
- You do not need to lose who you are in order to be successful or professional. Don't strip your culture away and try to be something you aren't. Bring who you really are into the workplace, and be professional about it.



THE THREE DOCTORS 3-D PRINCIPLE

Dr. Rameck Hunt



“It’s not about being in an inner city, it’s not about being in the suburbs. It’s about living in a society and trying to help one another. It crosses cultural lines, racial lines, socioeconomic lines; it’s really about caring about people.”

- **Dedication:** the selfless devotion to serve yourself and your community, with dedication and integrity.

The Three Doctors' 3-Ds Message Points

Dr. Sampson Davis



“I remember being in college and a professor told me that I should consider changing my major and I took it pretty hard. This was a scientist telling me that I should change then maybe I should. The reason he said this is because I received a ‘C+’ on one of my exams. So I went to him and told him that “I want to be a doctor” and so I took that negative energy and flipped it on him and I ended up getting a ‘B+’ in his class and now I’m an emergency room physician.

- **Determination:** the firm resolution to make a change for the better with diamond sharp concentration and boundless energy.

Dr. George Jenkins



“Anything you want to do as far as your higher education and future is up to you. If you focus and study hard and put your best foot forward you can accomplish what you want to accomplish. No matter what the obstacle is. Where there is a will there is a way. If you're willing to fight through and have a goal then you will meet it. We are confident that it will happen for you because we're shining examples of that happening for us.”

- **Discipline:** the self-control to stick with it to reach your goals.